

## **BRIEF BIOGRAPHICAL STATEMENT**

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Patricia E. Deegan Ph.D. is a principal with Pat Deegan & Associates, LLC. For over 30 years she has been a thought leader and disruptive innovator in the field behavioral health recovery. Pat founded a health information technology company run by and for people in recovery. We build web applications that help individuals recover after a diagnosis of mental illness. Our flagship products are an online Recovery Library and a web application that helps individuals, families and psychiatrists engage in shared decision making to find the best treatment for recovery. Pat is an activist in the disability rights movement and has lived her own journey of recovery after being diagnosed with schizophrenia as a teenager. She is an Adjunct Professor at Dartmouth College Geisel School of Medicine and received her doctorate in clinical psychology from Duquesne University.