

## **BRIEF BIOGRAPHICAL STATEMENT**

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Patricia E. Deegan Ph.D. is an independent consultant who specializes in researching and lecturing on the topic of recovery and the empowerment of people diagnosed with mental illness. She is the creator of the CommonGround software program to support shared decision making in the psychopharmacology consultation. Pat is an activist in the disability rights movement and has lived her own journey of recovery after being diagnosed with schizophrenia as a teenager. She is an Adjunct Professor at Dartmouth College School of Medicine and at Boston University, Sargent College of Health and Rehabilitation Sciences. Pat is also a Principle Investigator with the University of Kansas School of Social Welfare. She received her doctorate in clinical psychology from Duquesne University. Pat is also a mom and has been married to her partner for over 20 years!